



US SAILING SAFETY AT SEA SEMINAR

Sunday, June 28, 2009

8 a.m. – 5 p.m.

at

SHORELINE YACHT CLUB

386 Shoreline Drive South

Long Beach, CA 90802

This daylong seminar is open to all cruising and racing skippers, crews, their families, recreational power boaters, as well as commercial fishermen. The seminar, designed and conducted by sailors, all experts in their fields, will provide novice and experienced mariners with information and skills required to prepare for sailing off-shore, boat preparation, handling heavy weather, recommended safety equipment and emergencies.

The program endorsed by CRUISING WORLD and SAILING WORLD magazines and sponsored by West Marine and Landfall Navigation has evolved from the highly successful program developed by the U.S. Naval Academy at Annapolis, Maryland. It incorporates the latest techniques and information available.

Lecture topics include life raft inflation, crew preparation and safety, preventing medical emergencies, hypothermia and personal flotation devices. Also included are the man overboard recoveries, flare procedure and helicopter evacuation.

The presenters are Chuck Hawley, Bruce Brown and John Jourdane, well known and experienced long distance sailors.

Tickets are \$125.00 each before June 8, 2009

(\$120.00 for Current US Sailing Members)

\$150.00 after June 8 and

\$170.00 at the door – if space is available.

The fee covers lectures, demonstrations, exhibits, course materials and lunch

Seating is limited and advance ticketing is strongly advised. To reserve, send check or money order payable to Shoreline Yacht Club, ATTN: Marion Seaman (SAS), 386 Shoreline Drive South, Long Beach, CA 90802. Also accepted are VISA and MasterCard credit cards.

For additional information email: MarionSeaman1@aol.com

or telephone: 310-632-4748